

Montana
2008 School Health Profiles Report
Weighted Lead Health Education Teacher Survey Results

1. Percentage of schools that require health education for students in any of grades 6 through 12.

	N	Percent
High Schools	122	100
Middle Schools	120	97
Junior/Senior High Schools	0	0
All schools	242	98

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2. Percentage of all schools that require students to take the following number of required health education courses.

	N	Percent
a. 0 courses		
High Schools	111	0
Middle Schools	107	1
Junior/Senior High Schools	0	0
All schools	218	0
b. 1 course		
High Schools	111	13
Middle Schools	107	10
Junior/Senior High Schools	0	0
All schools	218	12
c. 2 courses		
High Schools	111	30
Middle Schools	107	17
Junior/Senior High Schools	0	0
All schools	218	24
d. 3 courses		
High Schools	111	5
Middle Schools	107	25
Junior/Senior High Schools	0	0
All schools	218	15
e. 4 or more courses		
High Schools	111	51
Middle Schools	107	47
Junior/Senior High Schools	0	0
All schools	218	49

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2N. Percentage of all schools that require students to take two or more health education courses.*

	N	Percent
High Schools	111	87
Middle Schools	111	86
Junior/Senior High Schools	0	0
All schools	222	86

*Response to question 2 is c, d, or e.
NA=Not available
N=Unweighted number of observations

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3. Percentage of all schools that taught a required health education course in each of the following grades.*

	N	Percent
a. Sixth grade		
High Schools	NA	NA
Middle Schools	86	84
Junior/Senior High Schools	0	0
All schools	86	84
b. Seventh grade		
High Schools	NA	NA
Middle Schools	102	98
Junior/Senior High Schools	0	0
All schools	102	98
c. Eighth grade		
High Schools	NA	NA
Middle Schools	102	97
Junior/Senior High Schools	0	0
All schools	102	97
d. Ninth grade		
High Schools	107	94
Middle Schools	47	94
Junior/Senior High Schools	0	0
All schools	154	94
e. Tenth grade		
High Schools	107	89
Middle Schools	NA	NA
Junior/Senior High Schools	0	0
All schools	107	89
f. Eleventh grade		
High Schools	85	5
Middle Schools	NA	NA
Junior/Senior High Schools	0	0
All schools	85	5
g. Twelfth grade		
High Schools	86	5
Middle Schools	NA	NA
Junior/Senior High Schools	0	0
All schools	86	5

*Among schools with students in that grade.

NA=Not available

N=Unweighted number of observations

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4. Percentage of schools that require students who fail a required health education course to repeat it.*

	N	Percent
High Schools	108	94
Middle Schools	100	36
Junior/Senior High Schools	0	0
All schools	208	66

*Among those schools that require health education for students and students take one or more required health education courses in any of grades 6 through 12.

NA=Not available

N=Unweighted number of observations

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5. Percentage of schools in which those who teach health education are provided with the following materials.

	N	Percent
a. Goals, objectives, and expected outcomes for health education		
High Schools	122	95
Middle Schools	120	94
Junior/Senior High Schools	0	0
All schools	242	94
b. A chart describing the annual scope and sequence of instruction for health education		
High Schools	122	66
Middle Schools	120	63
Junior/Senior High Schools	0	0
All schools	242	65
c. Plans for how to assess student performance in health education		
High Schools	121	72
Middle Schools	120	67
Junior/Senior High Schools	0	0
All schools	241	70
d. A written health education curriculum		
High Schools	122	84
Middle Schools	120	89
Junior/Senior High Schools	0	0
All schools	242	87

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6. Percentage of schools in which the health education curriculum addresses each of the following skills.

	N	Percent
a. Comprehending concepts related to health promotion and disease prevention to enhance health		
High Schools	120	99
Middle Schools	119	100
Junior/Senior High Schools	0	0
All schools	239	99
b. Analyzing the influence of family, peers, culture, media, technology, and other factors on health behaviors		
High Schools	120	98
Middle Schools	118	97
Junior/Senior High Schools	0	0
All schools	238	97
c. Accessing valid information and products and services to enhance health		
High Schools	119	93
Middle Schools	119	90
Junior/Senior High Schools	0	0
All schools	238	92
d. Using interpersonal communication skills to enhance health and avoid or reduce health risks		
High Schools	120	95
Middle Schools	119	95
Junior/Senior High Schools	0	0
All schools	239	95
e. Using decision-making skills to enhance health		
High Schools	120	96
Middle Schools	117	96
Junior/Senior High Schools	0	0
All schools	237	96

NA=Not available

N=Unweighted number of observations

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6. Percentage of schools in which the health education curriculum addresses each of the following skills.

	N	Percent
f. Using goal-setting skills to enhance health		
High Schools	120	93
Middle Schools	119	91
Junior/Senior High Schools	0	0
All schools	239	92
g. Practicing health-enhancing behaviors to avoid or reduce risks		
High Schools	120	98
Middle Schools	119	97
Junior/Senior High Schools	0	0
All schools	239	98
h. Advocating for personal, family, and community health		
High Schools	119	91
Middle Schools	119	92
Junior/Senior High Schools	0	0
All schools	238	92

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7. Percentage of schools in which teachers tried to increase student knowledge on each of the following topics in a required course in any of grades 6 through 12.

	N	Percent
a. Alcohol- or other drug-use prevention		
High Schools	122	99
Middle Schools	120	100
Junior/Senior High Schools	0	0
All schools	242	100
b. Asthma awareness		
High Schools	122	46
Middle Schools	119	46
Junior/Senior High Schools	0	0
All schools	241	46
c. Emotional and mental health		
High Schools	122	94
Middle Schools	120	97
Junior/Senior High Schools	0	0
All schools	242	95
d. Foodborne illness prevention		
High Schools	121	79
Middle Schools	119	72
Junior/Senior High Schools	0	0
All schools	240	76
e. HIV (human immunodeficiency virus) prevention		
High Schools	122	97
Middle Schools	119	90
Junior/Senior High Schools	0	0
All schools	241	93
f. Human sexuality		
High Schools	122	88
Middle Schools	120	84
Junior/Senior High Schools	0	0
All schools	242	86
g. Injury prevention and safety		
High Schools	122	92
Middle Schools	120	93
Junior/Senior High Schools	0	0
All schools	242	93

NA=Not available

N=Unweighted number of observations

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7. Percentage of schools in which teachers tried to increase student knowledge on each of the following topics in a required course in any of grades 6 through 12.

	N	Percent
h. Nutrition and dietary behavior		
High Schools	119	97
Middle Schools	118	98
Junior/Senior High Schools	0	0
All schools	237	98
i. Physical activity and fitness		
High Schools	122	100
Middle Schools	120	100
Junior/Senior High Schools	0	0
All schools	242	100
j. Pregnancy prevention		
High Schools	122	85
Middle Schools	120	73
Junior/Senior High Schools	0	0
All schools	242	79
k. STD (sexually transmitted disease) prevention		
High Schools	122	93
Middle Schools	120	83
Junior/Senior High Schools	0	0
All schools	242	88
l. Suicide prevention		
High Schools	122	78
Middle Schools	120	72
Junior/Senior High Schools	0	0
All schools	242	75
m. Tobacco-use prevention		
High Schools	120	99
Middle Schools	119	100
Junior/Senior High Schools	0	0
All schools	239	100
n. Violence prevention		
High Schools	122	91
Middle Schools	119	97
Junior/Senior High Schools	0	0
All schools	241	94

NA=Not available

N=Unweighted number of observations

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8. Percentage of schools in which teachers taught each of the following tobacco-use prevention topics in a required course for students in any of grades 6 through 12.

	N	Percent
a. Identifying tobacco products and the harmful substances they contain		
High Schools	120	96
Middle Schools	120	96
Junior/Senior High Schools	0	0
All schools	240	96
b. Identifying short and long-term health consequences of tobacco use		
High Schools	119	96
Middle Schools	119	96
Junior/Senior High Schools	0	0
All schools	238	96
c. Identifying legal, social, economic, and cosmetic consequences of tobacco use		
High Schools	119	87
Middle Schools	119	92
Junior/Senior High Schools	0	0
All schools	238	90
d. Understanding the addictive nature of nicotine		
High Schools	120	94
Middle Schools	120	96
Junior/Senior High Schools	0	0
All schools	240	95
e. Effects of tobacco use on athletic performance		
High Schools	120	85
Middle Schools	120	90
Junior/Senior High Schools	0	0
All schools	240	87
f. Effects of second-hand smoke and benefits of a smoke-free environment		
High Schools	120	94
Middle Schools	120	93
Junior/Senior High Schools	0	0
All schools	240	94

*Responses to question 8 a through o all are "yes."

NA=Not available

N=Unweighted number of observations

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8. Percentage of schools in which teachers taught each of the following tobacco-use prevention topics in a required course for students in any of grades 6 through 12.

	N	Percent
g. Understanding the social influences on tobacco use, including media, family, peers, and culture		
High Schools	119	91
Middle Schools	119	95
Junior/Senior High Schools	0	0
All schools	238	93
h. Identifying reasons why students do and do not use tobacco		
High Schools	120	90
Middle Schools	120	92
Junior/Senior High Schools	0	0
All schools	240	91
i. Making accurate assessments of how many peers use tobacco		
High Schools	119	65
Middle Schools	118	72
Junior/Senior High Schools	0	0
All schools	237	69
j. Using interpersonal communication skills to avoid tobacco use		
High Schools	120	82
Middle Schools	120	87
Junior/Senior High Schools	0	0
All schools	240	84
k. Using goal-setting and decision-making skills related to not using tobacco		
High Schools	120	80
Middle Schools	119	86
Junior/Senior High Schools	0	0
All schools	239	83
l. Finding valid information and services related to tobacco-use prevention and cessation		
High Schools	120	77
Middle Schools	119	81
Junior/Senior High Schools	0	0
All schools	239	79

*Responses to question 8 a through o all are "yes."

NA=Not available

N=Unweighted number of observations

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8. Percentage of schools in which teachers taught each of the following tobacco-use prevention topics in a required course for students in any of grades 6 through 12.

	N	Percent
m. Supporting others who abstain from or want to quit using tobacco		
High Schools	120	73
Middle Schools	119	79
Junior/Senior High Schools	0	0
All schools	239	76
n. Supporting school and community action to support a tobacco-free environment		
High Schools	120	83
Middle Schools	120	87
Junior/Senior High Schools	0	0
All schools	240	85
o. Identifying harmful effects of tobacco use on fetal development		
High Schools	120	85
Middle Schools	119	81
Junior/Senior High Schools	0	0
All schools	239	83
All 15 tobacco-use prevention topics*		
High Schools	120	40
Middle Schools	119	47
Junior/Senior High Schools	0	0
All schools	239	43

*Responses to question 8 a through o all are "yes."

NA=Not available

N=Unweighted number of observations

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9. Percentage of schools in which teachers taught each of the following HIV, STD, or pregnancy prevention topics in a required course in any of grades 6, 7, or 8.

	N	Percent
a. The differences between HIV and AIDS		
High Schools	NA	NA
Middle Schools	119	84
Junior/Senior High Schools	0	0
All schools	119	84
b. How HIV and other STDs are transmitted		
High Schools	NA	NA
Middle Schools	119	83
Junior/Senior High Schools	0	0
All schools	119	83
c. How HIV and other STDs are diagnosed and treated		
High Schools	NA	NA
Middle Schools	119	75
Junior/Senior High Schools	0	0
All schools	119	75
d. Health consequences of HIV, other STDs, and pregnancy		
High Schools	NA	NA
Middle Schools	117	83
Junior/Senior High Schools	0	0
All schools	117	83
e. The benefits of being sexually abstinent		
High Schools	NA	NA
Middle Schools	117	80
Junior/Senior High Schools	0	0
All schools	117	80
f. How to prevent HIV, other STDs, and pregnancy		
High Schools	NA	NA
Middle Schools	116	79
Junior/Senior High Schools	0	0
All schools	116	79

*Responses to question 9 a through k all are "yes."

NA=Not available

N=Unweighted number of observations

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9. Percentage of schools in which teachers taught each of the following HIV, STD, or pregnancy prevention topics in a required course in any of grades 6, 7, or 8.

	N	Percent
g. How to access valid and reliable health information, products, and services related to HIV, other STDs, and pregnancy		
High Schools	NA	NA
Middle Schools	112	72
Junior/Senior High Schools	0	0
All schools	112	72
h. The influences of media, family, and social and cultural norms on sexual behavior		
High Schools	NA	NA
Middle Schools	117	72
Junior/Senior High Schools	0	0
All schools	117	72
i. Communication and negotiation skills related to eliminating or reducing risk for HIV, other STDs, and pregnancy		
High Schools	NA	NA
Middle Schools	114	73
Junior/Senior High Schools	0	0
All schools	114	73
j. Goal-setting and decision-making skills related to eliminating or reducing risk for HIV, other STDs, and pregnancy		
High Schools	NA	NA
Middle Schools	116	68
Junior/Senior High Schools	0	0
All schools	116	68
k. Compassion for persons living with HIV or AIDS		
High Schools	NA	NA
Middle Schools	115	68
Junior/Senior High Schools	0	0
All schools	115	68

*Responses to question 9 a through k all are "yes."

NA=Not available

N=Unweighted number of observations

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9. Percentage of schools in which teachers taught each of the following HIV, STD, or pregnancy prevention topics in a required course in any of grades 6, 7, or 8.

	N	Percent
All 11 HIV, STD, and pregnancy prevention topics*		
High Schools	NA	NA
Middle Schools	113	53
Junior/Senior High Schools	0	0
All schools	113	53

*Responses to question 9 a through k all are "yes."

NA=Not available

N=Unweighted number of observations

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10. Percentage of schools in which teachers taught each of the following HIV, STD, or pregnancy prevention topics in a required course in any of grades 9, 10, 11, or 12.

	N	Percent
a. The relationship among HIV, other STDs, and pregnancy		
High Schools	120	89
Middle Schools	NA	NA
Junior/Senior High Schools	0	0
All schools	120	89
b. The relationship between alcohol and other drug use and risk for HIV, other STDs, and pregnancy		
High Schools	120	91
Middle Schools	NA	NA
Junior/Senior High Schools	0	0
All schools	120	91
c. The benefits of being sexually abstinent		
High Schools	120	90
Middle Schools	NA	NA
Junior/Senior High Schools	0	0
All schools	120	90
d. How to prevent HIV, other STDs, and pregnancy		
High Schools	120	91
Middle Schools	NA	NA
Junior/Senior High Schools	0	0
All schools	120	91
e. How to access valid and reliable health information, products, and services related to HIV, other STDs, and pregnancy		
High Schools	120	85
Middle Schools	NA	NA
Junior/Senior High Schools	0	0
All schools	120	85

*Responses to question 10 a through k all are "yes."

NA=Not available

N=Unweighted number of observations

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10. Percentage of schools in which teachers taught each of the following HIV, STD, or pregnancy prevention topics in a required course in any of grades 9, 10, 11, or 12.

	N	Percent
f. The influences of media, family, and social and cultural norms on sexual behavior		
High Schools	120	84
Middle Schools	NA	NA
Junior/Senior High Schools	0	0
All schools	120	84
g. Communication and negotiation skills related to eliminating or reducing risk for HIV, other STDs, and pregnancy		
High Schools	119	82
Middle Schools	NA	NA
Junior/Senior High Schools	0	0
All schools	119	82
h. Goal-setting and decision-making skills related to eliminating or reducing risk for HIV, other STDs, and pregnancy		
High Schools	119	77
Middle Schools	NA	NA
Junior/Senior High Schools	0	0
All schools	119	77
i. Efficacy of condoms, that is, how well condoms work and do not work		
High Schools	117	71
Middle Schools	NA	NA
Junior/Senior High Schools	0	0
All schools	117	71
j. The importance of using condoms consistently and correctly		
High Schools	117	62
Middle Schools	NA	NA
Junior/Senior High Schools	0	0
All schools	117	62
k. How to obtain condoms		
High Schools	117	52
Middle Schools	NA	NA
Junior/Senior High Schools	0	0
All schools	117	52

*Responses to question 10 a through k all are "yes."

NA=Not available

N=Unweighted number of observations

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10. Percentage of schools in which teachers taught each of the following HIV, STD, or pregnancy prevention topics in a required course in any of grades 9, 10, 11, or 12.

	N	Percent
All 11 HIV, STD, and pregnancy prevention topics*		
High Schools	117	40
Middle Schools	NA	NA
Junior/Senior High Schools	0	0
All schools	117	40

*Responses to question 10 a through k all are "yes."

NA=Not available

N=Unweighted number of observations

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11. Percentage of schools in which teachers taught each of the following nutrition and dietary behavior topics in a required course for students in any of grades 6 through 12.

	N	Percent
a. Benefits of healthy eating		
High Schools	119	97
Middle Schools	119	96
Junior/Senior High Schools	0	0
All schools	238	96
b. Food guidance using MyPyramid		
High Schools	119	92
Middle Schools	119	92
Junior/Senior High Schools	0	0
All schools	238	92
c. Using food labels		
High Schools	119	90
Middle Schools	119	92
Junior/Senior High Schools	0	0
All schools	238	91
d. Balancing food intake and physical activity		
High Schools	119	96
Middle Schools	119	96
Junior/Senior High Schools	0	0
All schools	238	96
e. Eating more fruits, vegetables, and whole grain products		
High Schools	119	96
Middle Schools	119	97
Junior/Senior High Schools	0	0
All schools	238	96
f. Choosing foods that are low in fat, saturated fat, and cholesterol		
High Schools	119	95
Middle Schools	119	94
Junior/Senior High Schools	0	0
All schools	238	95

*Responses to question 11 a through n all are "yes."

NA=Not available

N=Unweighted number of observations

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11. Percentage of schools in which teachers taught each of the following nutrition and dietary behavior topics in a required course for students in any of grades 6 through 12.

	N	Percent
g. Using sugars in moderation		
High Schools	119	94
Middle Schools	119	97
Junior/Senior High Schools	0	0
All schools	238	95
h. Using salt and sodium in moderation		
High Schools	119	93
Middle Schools	120	92
Junior/Senior High Schools	0	0
All schools	239	93
i. Eating more calcium-rich foods		
High Schools	119	91
Middle Schools	120	88
Junior/Senior High Schools	0	0
All schools	239	90
j. Food safety		
High Schools	119	84
Middle Schools	120	84
Junior/Senior High Schools	0	0
All schools	239	84
k. Preparing healthy meals and snacks		
High Schools	118	88
Middle Schools	120	92
Junior/Senior High Schools	0	0
All schools	238	90
l. Risks of unhealthy weight control practices		
High Schools	119	93
Middle Schools	119	94
Junior/Senior High Schools	0	0
All schools	238	94
m. Accepting body size differences		
High Schools	119	88
Middle Schools	119	93
Junior/Senior High Schools	0	0
All schools	238	91

*Responses to question 11 a through n all are "yes."

NA=Not available

N=Unweighted number of observations

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11. Percentage of schools in which teachers taught each of the following nutrition and dietary behavior topics in a required course for students in any of grades 6 through 12.

	N	Percent
n. Signs, symptoms, and treatment for eating disorders		
High Schools	119	91
Middle Schools	119	91
Junior/Senior High Schools	0	0
All schools	238	91
All 14 nutrition and dietary behavior topics*		
High Schools	120	70
Middle Schools	120	71
Junior/Senior High Schools	0	0
All schools	240	70

*Responses to question 11 a through n all are "yes."

NA=Not available

N=Unweighted number of observations

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12. Percentage of schools in which teachers taught each of the following physical activity topics in a required health education course for students in any of grades 6 through 12.

	N	Percent
a. Physical, psychological, or social benefits of physical activity		
High Schools	122	98
Middle Schools	119	99
Junior/Senior High Schools	0	0
All schools	241	98
b. Health-related fitness (i.e., cardiorespiratory endurance, muscular endurance, muscular strength, flexibility, and body composition)		
High Schools	122	98
Middle Schools	119	97
Junior/Senior High Schools	0	0
All schools	241	98
c. Phases of a workout (i.e., warm-up, workout, and cool down)		
High Schools	122	97
Middle Schools	119	98
Junior/Senior High Schools	0	0
All schools	241	98
d. How much physical activity is enough (i.e., determining frequency, intensity, time, and type of physical activity)		
High Schools	122	93
Middle Schools	118	95
Junior/Senior High Schools	0	0
All schools	240	94
e. Developing an individualized physical activity plan		
High Schools	121	84
Middle Schools	119	75
Junior/Senior High Schools	0	0
All schools	240	79

*Responses to question 12 a through l all are "yes."

NA=Not available

N=Unweighted number of observations

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12. Percentage of schools in which teachers taught each of the following physical activity topics in a required health education course for students in any of grades 6 through 12.

	N	Percent
f. Monitoring progress toward reaching goals in an individualized physical activity plan		
High Schools	121	82
Middle Schools	118	74
Junior/Senior High Schools	0	0
All schools	239	78
g. Overcoming barriers to physical activity		
High Schools	121	83
Middle Schools	119	84
Junior/Senior High Schools	0	0
All schools	240	83
h. Decreasing sedentary activities such as television viewing		
High Schools	121	88
Middle Schools	119	90
Junior/Senior High Schools	0	0
All schools	240	89
i. Opportunities for physical activity in the community		
High Schools	121	85
Middle Schools	119	86
Junior/Senior High Schools	0	0
All schools	240	85
j. Preventing injury during physical activity		
High Schools	121	97
Middle Schools	119	95
Junior/Senior High Schools	0	0
All schools	240	96
k. Weather-related safety (e.g., avoiding heat stroke, hypothermia, and sunburn while physically active)		
High Schools	121	88
Middle Schools	119	82
Junior/Senior High Schools	0	0
All schools	240	85

*Responses to question 12 a through l all are "yes."

NA=Not available

N=Unweighted number of observations

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12. Percentage of schools in which teachers taught each of the following physical activity topics in a required health education course for students in any of grades 6 through 12.

	N	Percent
I. Dangers of using performance-enhancing drugs, such as steroids		
High Schools	121	89
Middle Schools	119	89
Junior/Senior High Schools	0	0
All schools	240	89
All 12 physical activity topics*		
High Schools	121	59
Middle Schools	119	51
Junior/Senior High Schools	0	0
All schools	240	55

*Responses to question 12 a through I all are "yes."

NA=Not available

N=Unweighted number of observations

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13. Percentage of schools that provide any HIV, STD, or pregnancy prevention programs for ethnic/racial minority youth at high risk, including after-school or supplemental programs, that did each of the following activities.

	N	Percent
a. Provided curricula or supplementary materials that include pictures, information, and learning experiences that reflect the life experiences of these youth in their communities		
High Schools	121	17
Middle Schools	119	22
Junior/Senior High Schools	0	0
All schools	240	20
b. Provided curricula or supplementary materials in the primary languages of the youth and families		
High Schools	120	12
Middle Schools	117	13
Junior/Senior High Schools	0	0
All schools	237	13
c. Facilitated access to direct health services or arrangements with providers not on school property who have experience in serving these youth in the community		
High Schools	121	19
Middle Schools	119	16
Junior/Senior High Schools	0	0
All schools	240	18
d. Facilitated access to direct social services and psychological services or arrangements with providers not on school property who have experience in serving these youth in the community		
High Schools	121	17
Middle Schools	119	13
Junior/Senior High Schools	0	0
All schools	240	15

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14. Percentage of schools in which health education staff worked with the following groups on health education activities during the current school year.

	N	Percent
a. Physical education staff		
High Schools	121	85
Middle Schools	119	92
Junior/Senior High Schools	0	0
All schools	240	88
b. School health services staff (e.g., nurses)		
High Schools	118	51
Middle Schools	117	56
Junior/Senior High Schools	0	0
All schools	235	54
c. School mental health or social services staff (e.g., psychologists, counselors, and social workers)		
High Schools	120	58
Middle Schools	119	65
Junior/Senior High Schools	0	0
All schools	239	61
d. Nutrition or food service staff		
High Schools	120	42
Middle Schools	119	42
Junior/Senior High Schools	0	0
All schools	239	42

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15. Percentage of schools that provided parents and families with health information designed to increase parent and family knowledge of the following topics during the current school year.

	N	Percent
a. HIV prevention, STD prevention, or teen pregnancy prevention		
High Schools	121	28
Middle Schools	119	28
Junior/Senior High Schools	0	0
All schools	240	28
b. Tobacco-use prevention		
High Schools	122	42
Middle Schools	119	51
Junior/Senior High Schools	0	0
All schools	241	46
c. Physical activity		
High Schools	122	43
Middle Schools	119	50
Junior/Senior High Schools	0	0
All schools	241	47
d. Nutrition and healthy eating		
High Schools	122	37
Middle Schools	119	46
Junior/Senior High Schools	0	0
All schools	241	41
e. Asthma		
High Schools	122	16
Middle Schools	119	18
Junior/Senior High Schools	0	0
All schools	241	17

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16. Percentage of schools in which the lead health education teacher received professional development (such as workshops, conferences, continuing education, or any other kind of in-service) on each of the following topics during the past two years.

	N	Percent
a. Alcohol- or other drug-use prevention		
High Schools	122	55
Middle Schools	120	49
Junior/Senior High Schools	0	0
All schools	242	52
b. Asthma awareness		
High Schools	122	15
Middle Schools	120	14
Junior/Senior High Schools	0	0
All schools	242	14
c. Emotional and mental health		
High Schools	122	36
Middle Schools	120	33
Junior/Senior High Schools	0	0
All schools	242	34
d. Foodborne illness prevention		
High Schools	122	23
Middle Schools	120	13
Junior/Senior High Schools	0	0
All schools	242	18
e. HIV (human immunodeficiency virus) prevention		
High Schools	122	39
Middle Schools	120	34
Junior/Senior High Schools	0	0
All schools	242	37
f. Human sexuality		
High Schools	122	32
Middle Schools	118	27
Junior/Senior High Schools	0	0
All schools	240	30
g. Injury prevention and safety		
High Schools	122	54
Middle Schools	120	52
Junior/Senior High Schools	0	0
All schools	242	53

NA=Not available

N=Unweighted number of observations

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16. Percentage of schools in which the lead health education teacher received professional development (such as workshops, conferences, continuing education, or any other kind of in-service) on each of the following topics during the past two years.

	N	Percent
h. Nutrition and dietary behavior		
High Schools	122	46
Middle Schools	119	37
Junior/Senior High Schools	0	0
All schools	241	42
i. Physical activity and fitness		
High Schools	121	60
Middle Schools	120	57
Junior/Senior High Schools	0	0
All schools	241	58
j. Pregnancy prevention		
High Schools	122	22
Middle Schools	120	18
Junior/Senior High Schools	0	0
All schools	242	20
k. STD (sexually transmitted disease) prevention		
High Schools	122	29
Middle Schools	120	31
Junior/Senior High Schools	0	0
All schools	242	30
l. Suicide prevention		
High Schools	122	37
Middle Schools	120	28
Junior/Senior High Schools	0	0
All schools	242	32
m. Tobacco-use prevention		
High Schools	120	44
Middle Schools	120	41
Junior/Senior High Schools	0	0
All schools	240	42

NA=Not available

N=Unweighted number of observations

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16. Percentage of schools in which the lead health education teacher received professional development (such as workshops, conferences, continuing education, or any other kind of in-service) on each of the following topics during the past two years.

	N	Percent
n. Violence prevention		
High Schools	122	51
Middle Schools	120	56
Junior/Senior High Schools	0	0
All schools	242	53

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17. Percentage of schools in which the lead health education teacher received professional development (such as workshops, conferences, continuing education, or any other kind of in-service) on each of the following topics during the past two years.

	N	Percent
a. Describing how widespread HIV and other STD infections are and the consequences of these infections		
High Schools	122	34
Middle Schools	120	31
Junior/Senior High Schools	0	0
All schools	242	32
b. Understanding the modes of transmission and effective prevention strategies for HIV and other STDs		
High Schools	122	34
Middle Schools	120	29
Junior/Senior High Schools	0	0
All schools	242	31
c. Identifying populations of youth who are at high risk of being infected with HIV and other STDs		
High Schools	122	31
Middle Schools	120	26
Junior/Senior High Schools	0	0
All schools	242	28
d. Implementing health education strategies using prevention messages that are likely to be effective in reaching youth		
High Schools	122	37
Middle Schools	120	32
Junior/Senior High Schools	0	0
All schools	242	35
e. Teaching HIV prevention education to students with physical, medical, or cognitive disabilities		
High Schools	122	22
Middle Schools	120	18
Junior/Senior High Schools	0	0
All schools	242	20

NA=Not available

N=Unweighted number of observations

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17. Percentage of schools in which the lead health education teacher received professional development (such as workshops, conferences, continuing education, or any other kind of in-service) on each of the following topics during the past two years.

	N	Percent
f. Teaching HIV prevention education to students of various cultural backgrounds		
High Schools	122	23
Middle Schools	120	18
Junior/Senior High Schools	0	0
All schools	242	20
g. Using interactive teaching methods, such as role plays or cooperative group activities, for HIV prevention education		
High Schools	122	29
Middle Schools	120	25
Junior/Senior High Schools	0	0
All schools	242	27
h. Teaching essential skills for health behavior change related to HIV prevention and guiding student practice of these skills		
High Schools	122	30
Middle Schools	120	27
Junior/Senior High Schools	0	0
All schools	242	29
i. Teaching about health-promoting social norms and beliefs related to HIV prevention		
High Schools	122	31
Middle Schools	120	28
Junior/Senior High Schools	0	0
All schools	242	29
j. Strategies for involving parents, families, and others in student learning of HIV prevention education		
High Schools	122	23
Middle Schools	120	16
Junior/Senior High Schools	0	0
All schools	242	20

NA=Not available

N=Unweighted number of observations

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17. Percentage of schools in which the lead health education teacher received professional development (such as workshops, conferences, continuing education, or any other kind of in-service) on each of the following topics during the past two years.

	N	Percent
k. Assessing students' performance in HIV prevention education		
High Schools	122	23
Middle Schools	120	19
Junior/Senior High Schools	0	0
All schools	242	21
l. Implementing standards-based HIV prevention education curriculum and student assessment		
High Schools	122	24
Middle Schools	119	19
Junior/Senior High Schools	0	0
All schools	241	22
m. Using technology to improve HIV prevention education instruction		
High Schools	122	23
Middle Schools	120	20
Junior/Senior High Schools	0	0
All schools	242	21
n. Teaching HIV prevention education to students with limited English proficiency		
High Schools	122	14
Middle Schools	120	11
Junior/Senior High Schools	0	0
All schools	242	13
o. Addressing community concerns and challenges related to HIV prevention education		
High Schools	121	20
Middle Schools	120	14
Junior/Senior High Schools	0	0
All schools	241	17

NA=Not available

N=Unweighted number of observations

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18. Percentage of schools in which the lead health education teacher would like to receive professional development on each of the following health education topics.

	N	Percent
a. Alcohol- or other drug-use prevention		
High Schools	122	79
Middle Schools	120	78
Junior/Senior High Schools	0	0
All schools	242	79
b. Asthma awareness		
High Schools	122	65
Middle Schools	120	74
Junior/Senior High Schools	0	0
All schools	242	69
c. Emotional and mental health		
High Schools	122	74
Middle Schools	120	78
Junior/Senior High Schools	0	0
All schools	242	76
d. Foodborne illness prevention		
High Schools	121	52
Middle Schools	120	57
Junior/Senior High Schools	0	0
All schools	241	54
e. HIV (human immunodeficiency virus) prevention		
High Schools	122	76
Middle Schools	120	68
Junior/Senior High Schools	0	0
All schools	242	72
f. Human sexuality		
High Schools	122	73
Middle Schools	120	73
Junior/Senior High Schools	0	0
All schools	242	73
g. Injury prevention and safety		
High Schools	122	63
Middle Schools	120	72
Junior/Senior High Schools	0	0
All schools	242	67

NA=Not available

N=Unweighted number of observations

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18. Percentage of schools in which the lead health education teacher would like to receive professional development on each of the following health education topics.

	N	Percent
h. Nutrition and dietary behavior		
High Schools	122	78
Middle Schools	120	79
Junior/Senior High Schools	0	0
All schools	242	79
i. Physical activity and fitness		
High Schools	122	73
Middle Schools	120	78
Junior/Senior High Schools	0	0
All schools	242	75
j. Pregnancy prevention		
High Schools	122	65
Middle Schools	120	64
Junior/Senior High Schools	0	0
All schools	242	65
k. STD (sexually transmitted disease) prevention		
High Schools	122	72
Middle Schools	120	71
Junior/Senior High Schools	0	0
All schools	242	71
l. Suicide prevention		
High Schools	122	79
Middle Schools	120	82
Junior/Senior High Schools	0	0
All schools	242	80
m. Tobacco-use prevention		
High Schools	122	68
Middle Schools	120	65
Junior/Senior High Schools	0	0
All schools	242	66
n. Violence prevention		
High Schools	122	78
Middle Schools	120	77
Junior/Senior High Schools	0	0
All schools	242	77

NA=Not available

N=Unweighted number of observations

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19. Percentage of schools in which the lead health education teacher received professional development (such as workshops, conferences, continuing education, or any other kind of in-service) on each of the following topics during the past two years.

	N	Percent
a. Teaching students with physical, medical, or cognitive disabilities		
High Schools	122	33
Middle Schools	120	30
Junior/Senior High Schools	0	0
All schools	242	32
b. Teaching students of various cultural backgrounds		
High Schools	122	33
Middle Schools	120	43
Junior/Senior High Schools	0	0
All schools	242	38
c. Teaching students with limited English proficiency		
High Schools	121	9
Middle Schools	120	12
Junior/Senior High Schools	0	0
All schools	241	11
d. Using interactive teaching methods, such as role plays or cooperative group activities		
High Schools	122	37
Middle Schools	120	43
Junior/Senior High Schools	0	0
All schools	242	40
e. Encouraging family or community involvement		
High Schools	122	31
Middle Schools	120	34
Junior/Senior High Schools	0	0
All schools	242	33
f. Teaching skills for behavior change		
High Schools	122	41
Middle Schools	120	53
Junior/Senior High Schools	0	0
All schools	242	47

NA=Not available

N=Unweighted number of observations

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19. Percentage of schools in which the lead health education teacher received professional development (such as workshops, conferences, continuing education, or any other kind of in-service) on each of the following topics during the past two years.

	N	Percent
g. Classroom management techniques, such as social skills training, environmental modification, conflict resolution and mediation, and behavior management		
High Schools	122	48
Middle Schools	119	56
Junior/Senior High Schools	0	0
All schools	241	52
h. Assessing or evaluating students in health education		
High Schools	122	32
Middle Schools	120	29
Junior/Senior High Schools	0	0
All schools	242	31

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20. Percentage of schools in which the lead health education teacher would like to receive professional development on each of the following topics.

	N	Percent
a. Teaching students with physical, medical, or cognitive disabilities		
High Schools	120	55
Middle Schools	118	66
Junior/Senior High Schools	0	0
All schools	238	60
b. Teaching students of various cultural backgrounds		
High Schools	121	41
Middle Schools	120	53
Junior/Senior High Schools	0	0
All schools	241	47
c. Teaching students with limited English proficiency		
High Schools	121	31
Middle Schools	119	39
Junior/Senior High Schools	0	0
All schools	240	35
d. Using interactive teaching methods, such as role plays or cooperative group activities		
High Schools	121	64
Middle Schools	118	69
Junior/Senior High Schools	0	0
All schools	239	66
e. Encouraging family or community involvement		
High Schools	121	65
Middle Schools	118	76
Junior/Senior High Schools	0	0
All schools	239	70
f. Teaching skills for behavior change		
High Schools	121	71
Middle Schools	118	80
Junior/Senior High Schools	0	0
All schools	239	75

NA=Not available

N=Unweighted number of observations

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Weighted Lead Health Education Teacher Survey Results

20. Percentage of schools in which the lead health education teacher would like to receive professional development on each of the following topics.

	N	Percent
g. Classroom management techniques, such as social skills training, environmental modification, conflict resolution and mediation, and behavior management		
High Schools	121	67
Middle Schools	118	69
Junior/Senior High Schools	0	0
All schools	239	68
h. Assessing or evaluating students in health education		
High Schools	121	77
Middle Schools	118	82
Junior/Senior High Schools	0	0
All schools	239	80

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21. Percentage of schools in which the major emphasis of the lead health education teacher's professional preparation was on the following:

	N	Percent
a. Health and physical education combined		
High Schools	111	79
Middle Schools	108	61
Junior/Senior High Schools	0	0
All schools	219	70
b. Health education		
High Schools	111	1
Middle Schools	108	1
Junior/Senior High Schools	0	0
All schools	219	1
c. Physical education		
High Schools	111	8
Middle Schools	108	11
Junior/Senior High Schools	0	0
All schools	219	10
d. Other education degree		
High Schools	111	7
Middle Schools	108	19
Junior/Senior High Schools	0	0
All schools	219	13
e. Kinesiology, exercise science, or exercise physiology		
High Schools	111	1
Middle Schools	108	1
Junior/Senior High Schools	0	0
All schools	219	1
f. Home economics or family and consumer science		
High Schools	111	1
Middle Schools	108	1
Junior/Senior High Schools	0	0
All schools	219	1

NA=Not available

N=Unweighted number of observations

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21. Percentage of schools in which the major emphasis of the lead health education teacher's professional preparation was on the following:

	N	Percent
g. Biology or other science		
High Schools	111	1
Middle Schools	108	1
Junior/Senior High Schools	0	0
All schools	219	1
h. Nursing		
High Schools	111	0
Middle Schools	108	1
Junior/Senior High Schools	0	0
All schools	219	0
i. Counseling		
High Schools	111	0
Middle Schools	108	0
Junior/Senior High Schools	0	0
All schools	219	0
j. Public health		
High Schools	111	0
Middle Schools	108	0
Junior/Senior High Schools	0	0
All schools	219	0
k. Nutrition		
High Schools	111	0
Middle Schools	108	0
Junior/Senior High Schools	0	0
All schools	219	0
l. Other		
High Schools	111	1
Middle Schools	108	5
Junior/Senior High Schools	0	0
All schools	219	3

NA=Not available

N=Unweighted number of observations

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21N. Percentage of schools in which the major emphasis of the lead health education teacher's professional preparation was on the following:*

	N	Percent
Health education or health and physical education combined (a or b)		
High Schools	111	80
Middle Schools	108	62
Junior/Senior High Schools	0	0
All schools	219	71
Physical education, kinesiology, exercise science or exercise physiology (c or e)		
High Schools	111	10
Middle Schools	108	12
Junior/Senior High Schools	0	0
All schools	219	11
Home economics or family and consumer science, biology or other science, or nutrition (f, g, or k)		
High Schools	111	2
Middle Schools	108	2
Junior/Senior High Schools	0	0
All schools	219	2
Nursing or counseling (h or i)		
High Schools	111	0
Middle Schools	108	1
Junior/Senior High Schools	0	0
All schools	219	0
Public health or other (j or l)		
High Schools	111	1
Middle Schools	108	5
Junior/Senior High Schools	0	0
All schools	219	3

*Multiple responses to question 21 are combined.

NA=Not available

N=Unweighted number of observations

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22. Percentage of schools in which the lead health education teacher is certified, licensed, or endorsed by the state to teach health education in middle school or high school.

	N	Percent
High Schools	122	98
Middle Schools	120	92
Junior/Senior High Schools	0	0
All schools	242	95

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23. Percentage of schools in which the lead health education teacher had the following number of years' experience in teaching health education classes or topics.

	N	Percent
a. 1 year		
High Schools	122	4
Middle Schools	120	4
Junior/Senior High Schools	0	0
All schools	242	4
b. 2 to 5 years		
High Schools	122	21
Middle Schools	120	27
Junior/Senior High Schools	0	0
All schools	242	24
c. 6 to 9 years		
High Schools	122	17
Middle Schools	120	16
Junior/Senior High Schools	0	0
All schools	242	17
d. 10 to 14 years		
High Schools	122	22
Middle Schools	120	21
Junior/Senior High Schools	0	0
All schools	242	21
e. 15 years or more		
High Schools	122	35
Middle Schools	120	32
Junior/Senior High Schools	0	0
All schools	242	34